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THYROID? NOT HERE.

SHORTAGE? NOT HERE.

COMPOUNDING GIVES THYROID PATIENTS OPTIONS.

A top-selling natural desiccated thyroid drug; Armour® Thyroid, which is manufactured by Forest Labs, is having serious supply problems...again. This leaves many patients with few if any options for refilling their prescriptions. Many of the solutions, such as doubling up on lower available strengths, seem to be temporary fixes to an ongoing problem. Often the patient has to literally HUNT for the drug that their body needs to operate and function properly—not exactly how anyone wants to spend their free time. These patients need a source that can be relied on. Above all, they need an option that is tested and that works. Health Dimensions is that option.

Health Dimensions is meeting demand by compounding desiccated thyroid USP or slow-release purified T3/T4 combination in a 22:1 ratio, similar to that of Armour® Thyroid.

T3? T4? What are they? What do they do? Good questions.

The thyroid hormones: thyroxine (T4) and triiodothyronine (T3) are normally made when the thyroid gland combines the iodine found in many foods with the amino acid tyrosine.

The T3 and T4 are then released into the blood stream and are transported throughout the body where they control metabolism (conversion of oxygen and calories to energy). But it doesn't end there. Every cell in the body depends upon thyroid hormones for proper regulation. When levels of these hormones are low, supplementation is needed.

Our PCAB Accredited facility meets or exceeds quality assurance standards established in USP <795> and have the testing data to support the compounded potency for effective purified T3/T4 combinations.

Doctors can fax or phone orders to our pharmacy and in turn we will contact the patient to arrange payment and shipping options.

For more information about thyroid imbalance and the compounding process, please visit our website at www.hdrx.com or call 1-800-836-2303

HEALTH DIMENSIONS 
COMPOUNDING PHARMACY
Michigan's Leading Accredited
Compounding Pharmacy





Fraud, Ghosts, and Big Pharma

By Dr. David Brownstein*

What if 26 major scientific papers that shaped and guided medical therapies for over 10 years were not actually written by the authors stated in the papers?

What if the papers only promoted the positive effects of a particular therapy and de-emphasized the negative effects in order to increase pharmaceutical sales?

What if the scientific papers actually promoted a now discredited therapy that ended up causing tens of thousands of cases of breast cancer, heart attacks, stroke and deaths?

Do you think there should be an investigation into these allegations? Perhaps those responsible need to be made held accountable for their actions.

Maybe there should be a full congressional investigation into this billion dollar fraud that was perpetrated on millions of American women.

Who committed this fraud? Wyeth pharmaceutical, the maker of the synthetic hormones Premarin and Provera, committed this act by paying for ghostwriters to write scientific articles (more about this below). For over 25 years, Wyeth has been promoting Premarin and Provera as the treatment-of-choice for menopausal symptoms in women. Wyeth has spread misinformation about these synthetic hormones including the use of these foreign substances will prevent heart attacks and not increase the rate of breast cancers. Unfortunately, this synthetic hormone combination has been proven to significantly raise the risk of heart attacks (29%), invasive breast cancer (26%), stroke (41%), Alzheimer's (205%) and pulmonary embolism (2,100%).

According to a front-page article in the New York Times (8.5.09), while thousands of women were being harmed from these dangerous, synthetic hormones, Wyeth was paying ghost writers to author biased papers supporting the use of Premarin and Provera. Sales of these drugs rose to over \$2 billion dollars in 2001. Ghostwriters were paid to promote the company line on these synthetic hormones and then prominent doctors were paid to put their name as the lead authors. The physicians had little or no input on these articles. These papers were published in many respected medical journals and certainly influenced medical opinion.

It all fell apart for Wyeth in 2002 when the findings of the Women's Health Initiative was announced. The results (see above) clearly showed the synthetic hormones were dangerous and needed to be avoided.

How did Wyeth respond? The company responded by attacking natural, bioidentical hormones. Wyeth has filed a citizen's petition with the FDA to remove a safe and effective bioidentical, natural hormone, estriol, from the market.

What can we all do? We can write to our congressmen and the President and let them know how we feel. Also, please look at www.bioidenticalhormoneinitiative.com, which is a group I co-founded to promote the education of natural therapies. Finally, we can educate ourselves about safe and effective natural therapies so that we can make the best medical decisions for ourselves and our family.

Synthetic, foreign hormones like Premarin and Provera need to be avoided.

For any therapy, a bioidentical, natural hormone is the safest, and most-effective approach.

*Dr. Brownstein is the medical director of the Center for Holistic Medicine and author of The Miracle of Natural Hormones. The views and opinions expressed in this article are those of the authors and do not necessarily reflect the official policy or position of Health Dimensions. The original article can be found at www.drbrownstein.com

NEED2KNOW

Black Cohosh

has been shown to significantly reduce mild menopause-related symptoms, even when compared to other regimens in double blind, placebo-controlled studies. Black Cohosh is acknowledged by the German Commission E Monograph for the maintenance of a normal, healthy function during menopause.

Protykin

extract is high in trans resveratrol, the same dietary phytoestrogen found in grapes and red wine. Its unique structure allows for estrogenic and anti-estrogenic activities while also providing cardioprotective effects.

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Ortho Molecular Femarin 60 ct - \$29.99

Support for menopausal women should be as natural as the hormonal transition itself. Femarin is a well balanced phytoestrogenic formula for support during menopausal transition. The balance of Femarin's formula is comprised of various important elements critical to the support of a woman's transition through menopause.

FREE SHIPPING of compounded medication with purchase of this supplement!

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 30

2 capsules contain	Amount Per Serving	% Daily Value
Gamma Oryzanol	300 mg	*
Black Cohosh Root Extract	160 mg	*
(Standardized to contain 2.5% Triterpene Glycosides)		
Dong Quai Root Extract	75 mg	*
(Standardized to contain 1% Ligustilide)		
Licorice Root Extract	75 mg	*
(Standardized to contain 12% Glycyrrhizin)		
Protykin®	8 mg	*
(Polygonum cuspidatum) Root Extract 200:1		

* % Daily Value not established

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