



This Issue:

- The Love Drug
OXYTOCIN
- Deficiency—Signs and Symptoms
- Reignite the Flame
- Supplementation

The Love Drug - **OXYTOCIN**

We have been receiving calls recently about a hormone called "oxytocin". Oxytocin is produced by the hypothalamus in the brain and released into the bloodstream by the pituitary gland.

Recent studies have begun to investigate oxytocin's role in various behaviors, including sexuality, social recognition, anxiety and maternal behavior. For this reason, it is sometimes referred to as the "love hormone".

For example, many studies have already shown a correlation of oxytocin with human bonding, increases in trust, and decreases in fear.

One study has even confirmed that there was a positive correlation between oxytocin levels and an anxiety scale measuring the adult romantic attachment. This suggests that oxytocin may be important for the inhibition of brain regions that are associated with behavioral control, fear, and anxiety, thus allowing orgasm to occur.

More information on reverse.

save
TIME



refill
ONLINE

hdrx.com

Oxytocin Deficiency: Signs and Symptoms

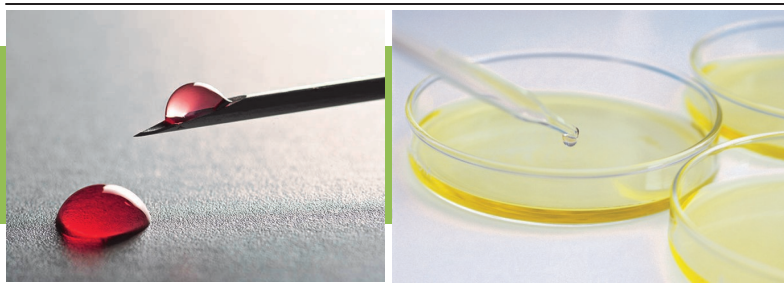
- Irritability
- Poor mood
- Low sex drive
- Reduced libido
- Low sperm count
- Joyless
- Insomnia
- Affectionless
- Unnecessary worries
- Weak or absent orgasm
- Sex feels like a chore
- Lack of erections
- Little interest in others
- Excessive anxiety



**HEALTH
DIMENSIONS**
COMPOUNDING PHARMACY

At Health Dimensions you'll find knowledgeable and caring pharmacists and other specialized staff who are happy to answer your questions about medications, possible interactions, vitamins and other health and wellness concerns.





Who Needs Supplementation?

It has been estimated that one third of people under the age of 60 may be deficient in the oxytocin hormone and may benefit from supplementation*. An increase in oxytocin may help you to become friendlier, more affectionate and able to enjoy the company of those around you.

Studies now suggest that oxytocin has the potential to boost sexual and emotional intimacy. It can also increase the intensity and frequency of sexual experiences, making couples more attracted and attached to each other.

Supplementation Expectations



- Increased sex drive and arousal
- Enhanced feelings of happiness
- Improvement in libido function
- Increased trust for others
- Relaxed, less stressed
- Easier erections
- Multiple, intense orgasms (women)
- More emotional expressions

Taking The First Step

The first step is to speak with your doctor to see if they feel that oxytocin is right for you.

If your doctor is not familiar with Oxytocin, you can contact Health Dimensions for help.

As with all therapies formulated at Health Dimensions, we will work closely with you and your doctor to adjust the medication as needed to maximize results.

HEALTH DIMENSIONS COMPOUNDING PHARMACY



*References

If you are interested in learning more about oxytocin and the science behind it, we recommend reading:

Passion Sex and Long life:
The Incredible Oxytocin Adventure

By Dr. Thierry Hertoghe

International Medical Books © 2010 - www.imbooks.info

