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Compounding:

Questions answered on the art of compounding

By Scott Popyk, RPh MBA FIACP

What is prescription compounding?

Pharmacy compounding is the customized preparation of a medicine that is not otherwise commercially available. These medications are prescribed by a physician, veterinarian, or other prescribing practitioner, and compounded by a state-licensed pharmacist. Before the advent of manufacturing, all medications were custom prepared. Today, custom compounding is done to meet special medication needs.

Some examples of compounding for special needs include: removal of allergenic ingredients, conversion of solid medications to liquid or topical delivery, flavoring, combining medications, or providing medications that are not available from the manufacturer.

Are compounds "FDA approved"?

Only mass produced medications receive FDA approval. Compounded prescriptions are prepared on a patient by patient basis from prescription ingredients that come from FDA-registered facilities.

The Food and Drug Administration, the U.S. Supreme Court, Congress and virtually every major association of health care professionals and patient advocates recognize the value of compounding as an integral component of contemporary pharmacy practice.

What about environmental hazards?

Health Dimensions is careful to keep pharmaceutical waste out of landfills and groundwater and works with a certified pharmaceutical waste disposal firm.

Can everyone compound?

Many pharmacies practice a small degree of compounding, while others like Health Dimensions specialize in the centuries-old practice.

There are over 56 thousand licensed pharmacy's in the United States, and only 100 are accredited to make compounded medications. Health Dimensions is Michigan's leading accredited compounding pharmacy and we have been exclusively compounding medications for patients and doctors across the Midwest for the past 15 years

Continued on reverse



What should you look for when choosing a compounding pharmacy?

Accreditation.

Health Dimensions Compounding Pharmacy, has earned the Pharmacy Compounding Accreditation Board's new Seal of Accreditation for meeting the compounding pharmacy profession's highest quality and safety standards.

The PCAB™ Seal of Accreditation is a new system of standards created by the leading experts in the compounding pharmacy field today. Our accreditation status as a PCAB Accredited™ compounding pharmacy lets you know that Health Dimensions is dedicated to protecting our patients by practicing safe, high-quality compounding.

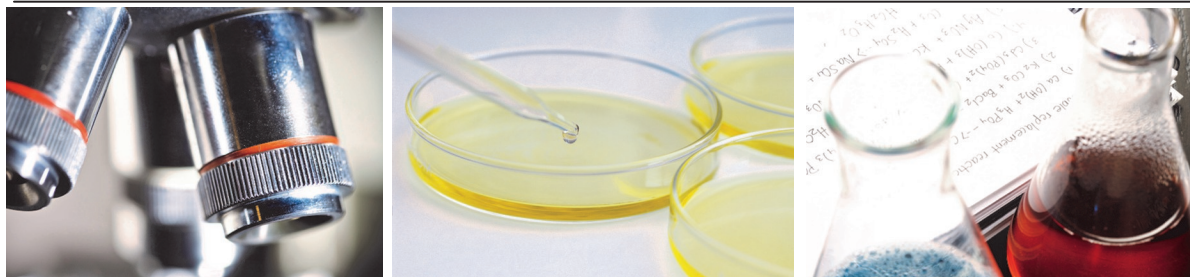
With the estimated 30 million to 40 million prescriptions that are compounded each year, there has been a need for an enhanced, profession-wide system of standards by which each compounding pharmacy can test its quality processes. While compounding pharmacy is regulated by the state, PCAB Accreditation is an even more comprehensive way to ensure a compounding pharmacy has undergone the profession's most rigorous review and inspection measures.

Quality.

You need a compounding pharmacy you can trust to make the highest quality products. At Health Dimensions, we are meticulous about every prescription we dispense. Our stringent quality control programs mean that every prescription meets the specifications and high standards of the pharmacy industry and you. Each compounded preparation we dispense undergoes multiple checks to ensure quality and accuracy. Health Dimensions is committed to the strict requirements of Chapters <795> and <797> of the U.S. Pharmacopeia for compounding non-sterile and sterile preparations.

When so much is at stake, it's important to choose a compounding pharmacy you can trust with your health.

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HEALTH DIMENSIONS COMPOUNDING PHARMACY



Trouble Sleeping?

Try our "Snor-No-More" spray

- The oral spray is administered three sprays (1 ml) into throat area 15 to 30 minutes prior to going to sleep. If awakened, the patient should reapply the throat spray. If snoring is not reduced after using it at this dosage for two days, it should be sprayed six times into the throat area before going to sleep.
- The use of sleeping medications should be avoided while using this product.
- It has shown effectiveness in 75% of the people who use it according to instructions.

Try it today and get some rest.

